



Heathfield PRIMARY SCHOOL



Friday 28th May 2021

Nut Free School

Dear Parents/Carers

At Heathfield, we strive to provide a safe learning environment for all students. Due to some of our pupils suffering from nut allergies, we have been advised to become a **nut free school**. An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air.

Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk to these children by:

- Avoiding giving children nuts or nut products in their packed lunches
- Avoiding giving nuts or nut products or snacks/bars containing nuts for break time snacks
- Avoiding the bringing in of food items containing nuts for celebrations or events

We are aware that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Due to the potential severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reactions happening. I realise that this may cause some initial inconvenience but it is essential in ensuring that we can keep all children in school as safe as we possibly can.

Thank you in advance for your co-operation and support regarding this matter.

Yours sincerely,

Mrs F. Atherton
Head of School



Heathfield Primary School, Heathfield Road, Handsworth, Birmingham, B19 1HJ
T 0121 464 6474 F 0121 554 0480
W www.heathfld.bham.sch.uk E enquiry@heathfld.bham.sch.uk

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