



Heathfield PE Curriculum Map (LTO)



| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------------------|--|--|--|--|--|----------------------------------|
| EYFS Nursery | Learning through play: Playing Games | Dance: Dinosaurs | Locomotion: Jumping 1 | Gymnastics: Moving | Ball Skills: Feet 1 | Ball Skills: Hands 1 |
| EYFS Rec | Learning Through Play: Playing Games | Dance: Dinosaurs | Locomotion: Jumping 1 | Gymnastics: Moving | Ball Skills: Feet 1 | Ball Skills: Hands 1 |
| Key Stage 1 | | | | | | |
| Year 1 | Fundamentals: Fundamentals | Dance: Heroes | Health & Wellbeing: Health & Wellbeing | Ball Skills: Rackets, Bats and Balls | Locomotion: Running 1 | Gymnastics: Body Parts |
| Year 2 | Health & Wellbeing: Health & Wellbeing | Team Building: Team Building | Gymnastics: Pathways | Ball Skills: Feet 1 | Ball Skills: Rackets, Bats and Balls | Ball Skills: Hands |
| Key Stage 2 | | | | | | |
| Year 3 | Athletics: Running | Dance: Wild Animals | Gymnastics: Canon & Unison | Invasion: Netball | OAA: Problem Solving | Athletics: Competitions |
| Year 4 | Invasion: Basketball | Gymnastics: Levels and Direction | Invasion: Dodgeball | Invasion: Cricket | Striking & Fielding: Cricket | Athletics: Athletics |



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| | Swimming and Water Safety | Swimming and Water Safety | Swimming and Water Safety | Swimming and Water Safety | | |
|--------|---------------------------|------------------------------|--|------------------------------|--|-------------------------------|
| Year 5 | Invasion: Tag Rugby | Gymnastics: Flight | Health-Related Exercise: Health-Related Exercise | OAA: Problem Solving | Net/Wall: Tennis | Athletics: Throwing & Jumping |
| | Swimming and Water Safety | Swimming and Water Safety | Swimming and Water Safety | Swimming and Water Safety | | |
| Year 6 | Invasion: Basketball | OAA: Communication & Tactics | Gymnastics: Creating Sequences | Striking & Fielding: Cricket | Health-Related Exercise: Health-Related Exercise | Athletics: Competition |